

SURVIVING EDGED WEAPONS

Knowing the basic methods / tactics of ambush, hiding weapons & fooling your opponent is the best option for surviving edged weapons attacks.

You will be able to avoid & detect such an attack/ambush. You will be able to make your move before the knife is visible, which will of course minimise the risk of your own injuries.

Remember: Not getting involved in physical contact is always the best option.

So if you have a possibility ... RUN like hell to get some distance.

If you think / believe he is armed do not wait make your choice and get some distance.

If you for some reason have to get involved in physical contact with the attacker move before he gets the weapon in his hands. It is always a better option.

As soon he moves to grab the weapon in his pocket -> **ATTACK !!!** with multiple hits !!! until he is no longer a danger to you.



Of course sometimes you will find yourself in a situation when the attacker already did pull the knife/weapon.

If his option is not to kill you / hurt you than you will have a chance to observe the knife.

Make a distance !!!

Throw something to his face and move away / back to the side /. If you are armed draw your gun.

Some dirt to the face / eyes will make it difficult for him to localise you.



A few coins to the face / eyes will also make a good job.

The instinct will force him to grab for the eyes/face and turn away from you.

Move away changing your location. When he will look back the first place he will look at is when he saw you last. So do not be there !!!

Those distractions are made to give you some time to make a distance.

Having a chair between you and attacker is a very good option. This will give you a good protection minimising a risk of injury.

Using a chair and a violent offensive attitude you would be able to move forward attacking the attacker. However it takes a lot of guts for such an offensive action. And you have to go for a KO / kill blow.

It is very easy to say move forward or give you other more complicated options but basically the knife attack will scare the shit of you and you will forget the most beside a few GROSS MOTOR SKILLS.



Of course do not pick up a chair / object which is too heavy to hold in your arms.

Being too close to the attacker forces you to only have one option... to fight with your bare hands.

This should be your last option if you have the possibility to choose others.

You have no possibility to use any object and you do not have a chance to move away.

The distance is too close to draw your gun, so you have just your arms.

If attacked, your body will "force" you to the correct/right movement. You will cover to minimise the damage.

Usually the attacker will be coming with multiple blows, so it could be some kind of exchanging the blows.

You should try to keep your arms away from your body to make the arms take the punishment. It is usually done to keep the attacker away from you.



Hopefully you will be able to take over the initiative.

After your cover, try with multiple blows with maximum power to the head / neck / throat area. With multiple blows until he is no longer a danger to you.

Do not try to pick up the target. Anywhere to the mentioned area will do its job.

Being offensive is an advantage. So if possible, go for it -> ATTACK !!! as soon as possible.



If you are able in life and death situations to consciously pick up and hit the chosen target than you are a tough bastard.

My point of view is that is a pure luck !!!

Another option is to close the distance and move toward him but of course this will increase the risk of your own injury.

Here you close the distance as much as possible. You are in some kind of a clinch.

You grab his armed arm, close the distance and keep it tight.

Below a few options.



This grab is done in combination with a violent rush in to him. This could kick the breath out of him.

Holding his arm tightly continue with head butts, elbows or knee hits until he is down.



How to grab / hold -> fuckin hard !!! How hard to hit -> knock him out / kill him. It is your or his life.

Option 1 / Grab – Move – Kick



Option 2 / Grab – Move - Head butt – Move – Head butt – Move - Knee kick –> continue with similar moves



Scenario Exercises

Those different options could/should be tested in scenario exercises. Use MC helmets and body protection. Big fat markers as knives.

Do it in different surroundings / apartment, hall, toilet / . Do not do it in training hall where you will have a possibility to run around. Than go for it.

The marks on your helmet/arms/t-shirt will tell/show you how well you did.



After one full power scenario training you will not like to get involved in a knife situation.

During your training you should ask yourself about how would the realistic attack look like

The realistic one will scare the shit of you so do not do stupid things. In other case just punish the bastard.

